The Supreme Box.

Includes: 10 main meals | 7 snacks | 5 add-ons.

This box should be able to sustain you for 2-4 weeks depending on if you share.

Supporting Acts.

Magic Sprinkles (1 jar)

Green Packed Pesto (1 jar)

Confit winter veg in Herby Sauce (1 jar)

Winter Fruits Jammy Jam (1 jar)

Mains.

Kitchari (2x 500g portions)

Wild Rice & Pearl Barley Chicken Congee (2x 500g portions)

Sausage and Fennel Stew (2x 350g portions)

Sweet Potato and Coconut Dhal (2x 500g portions)

Tasha's Mushroom Lasagna (2x 500g portions)

Snacks & Sides

Cheese & Sundried Tomato Biscuits (10-15 biscuits)

Sausage Rolls (6)

Cheese & Vegetable Frittata Slices (6)

Sweet Treats

Banana Bread (4-6 slices)

Flapjacks (4-6)

Chocolate Covered Nut & Date Bar (1x bar)

Pistachio and Cacao Shortbread (8-10)

If you have specific dietary requirements (e.g. dairy free, gluten free, halal friendly etc) or for queries relating to ingredients or nutrition, please email me directly at tasha@postnutrition.co.uk. Once I have confirmed I can accommodate your needs, simply place your order online and email me your order number. I will then ensure the necessary accommodations are applied to your order.